

Lip Cosmetics Aftercare Instructions

After the procedure, it's essential to maintain proper care for your lips to ensure optimal healing and results. Here's a step-by-step guide:

Cleaning: *Immediately after the procedure, clean your lips with either sterile water or distilled water throughout the day. This helps keep the area clean and free from any potential contaminants.*

Application of Aftercare Ointment: *Gently apply a very thin layer of aftercare ointment using a cotton swab. This allows the lip skin to breathe.*

Bruising and Swelling: *It's normal for lips to bruise or swell after the procedure. This typically subsides within a few hours. During this time, be cautious when consuming hot drinks or eating spicy or salty foods, as the lips may be sensitive.*

Dryness and Itching: *After a few days, you may experience itchiness and dryness similar to chapped lips. It's crucial not to pick or pull at the dry skin, as this could disrupt the healing process and negatively affect the final result.*

Moisturization and Sun Protection: *To maintain the results of your lip cosmetics procedure, keep your lips moisturized and protected from the sun.*

Things to Avoid After a Lip Procedure

Hydration: It's important to stay hydrated after undergoing lip blushing. While you can consume alcohol or caffeine, it's advised to limit intake as they can contribute to dehydration. Drinking plenty of water throughout the healing process is crucial for optimal results.

Kissing: Avoid any activities that involve friction on the lips for at least a week following the procedure. This includes kissing, as it can disrupt the healing process and potentially introduce bacteria to the lips, leading to infection. Wait until any scabs have completely fallen off before resuming kissing.

Filler: If considering any injectable treatments, such as lip filler, it's recommended to wait until at least four weeks after completing the second session of your lip blushing treatment. Lip filler and lip blush can complement each other well, with filler providing volume and lip blush enhancing definition, color, and a natural appearance.

Within 21 days, The lips Go Through 3 Phases:

- 1st Phase "Looks too dark": About 3 days with Chapping (Day 1-3)
- 2nd Phase "Looks Too Light": Frosty and Loss of Color (Days 4-13)
 - 3rd Phase "Looks Just Right": Blooming (Days 14-21)

Day 1: Swelling, tender, heavy thick lipstick with a reddish brick color

Day 2: Slight swelling, reddish and tender with a slightly metallic flavor

Day 3: Less swelling, thicker texture, sore, hot feeling with an orange color effect

Day 4: Exfoliation/Peeling begins causing very chapped lips

Day 5: Very chapped lips but almost finished with the chapping stage

Day 6: A soft, rich color begins to appear

Day 7-13: Lip color disappears and the "frosty" stage begins as a white-ish, lighter haze on the lips

Day 14: Color slowly and gradually develops from within each day until day 21 or about 3 weeks post-procedure

Day 21: Healing is nearing completion. The true color is revealed as you see it.

Important Reminders During Healing For Lips

- Avoid eating spicy food and drinking directly from the cup (use a straw).
- Avoid toothpaste on lips and use gentle dental care during the healing process.
- Avoid swimming, saunas, or steam rooms for 1 week after your appointment.
- No conventional lipstick be worn during the healing process or any petroleum products.
- Use a clean, dark pillowcase to prevent possible ink stains, and try to sleep on your back
- Be careful when putting on or taking off clothes over the head.
- Use medication if necessary for cold sores.
- Do not touch the healing pigmented area with your fingers. Touching the treated area with your fingers, unclean cotton swabs, old products, or others, may result in infection.
- Do not lick your lips as it will cause the pigments to fall off.
- Do not peel pigments scabbing off as it will cause scarring.
- No smoking until fully healed.
- No soaps, alpha hydroxy, Glycolic/Lactic Acids, Vitamin A, or Retinol A on the treated area until fully healed.
- Do not evaluate lip results until 21 days after the procedure.
- The final color will be soft and natural.
- The color of the lips you leave the appointment with is not your final color (It can fade up to 40-50%)
- Perfecting/follow-up touch-up appointments should take place 6-8 weeks following the initial lip procedure (Dark lip Neutralization can take 8+ weeks to fully heal).
- The tissue heals at different levels and durations. Some people heal within 7 days for the outer layer and up to 4 weeks for the inner layer.

Description

DAY 1



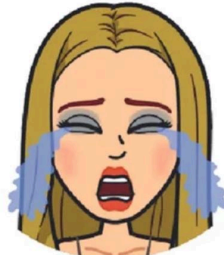
My Lip Blush Day

DAY 2



Omigosh! The color is so red, dark, and swollen

DAY 4



The scabs are falling off. The color is gone?

DAY 6



No difference. My lips are so pale and so uneven?

6 - 8 WEEKS



The color is coming back! Just little patchy

AFTER TOUCH UP



I love it! No more lipstick! I want to come back for more

LIP BLUSH AFTERCARE

