

PMU Eyeliner Aftercare Instructions

What's normal after the eyeliner procedure?

Mild swelling, itching, light scabbing, light bruising, and dry tightness. Ice packs are a nice relief for swelling and bruising. Aftercare ointment is nice for scabbing and tightness.

Too dark and slightly uneven appearance. After 2-7 days the darkness will fade and once swelling dissipates, unevenness usually disappears. If they are too dark or still a bit uneven after 4 weeks, we will make necessary adjustments during the touch-up appointment.

Color change or color loss. As the procedure area heals, the color lightens and sometimes seems to disappear. This can all be addressed during the touch-up appointment and this is why the touch-up is necessary.

The procedure area must be completely healed before addressing any concerns. This usually takes about four weeks.

Dos

- Have sunglasses available. Eyes may be a little bit sensitive or even dilated immediately after. The sunglasses are also handy for hiding puffy eyes.
- Eyes will be swollen for a few days. Eyes may feel dry or irritated. Lubricating refresher drops may be used.

Don'ts

- Do not use any ointment, oil, liquids, or Vaseline during the healing period.
- Do not dye, perm, or use eyelash curlers for 2 weeks.
- Do not use mascara until outer healing is complete (3-5 days). Most clients are returning to work in 2 days and are noncompliant about this, so at least begin with a new tube of mascara due to the risk of bacterial presence in used tubes.
- No heavy workouts for 7 days. Avoid sweating.
- Do not scratch or touch your eyeliners for at least 2 weeks.
- No sunbathing or tanning for 4 weeks.

Healing Timeline

DAY 1: Your eyes might feel puffy, tight, and tender. You may notice some swelling and bruising. Swelling typically goes down in a few hours, and bruising fades over a few days.

DAY 2: The swelling should be gone. The PMU eyeliner looks darker and more intense. Your eyes may still feel dry because your body is locking its natural fluids in to help your skin heal naturally.

DAYS 3-4: Your PMU Eyeliner may feel dry, itchy, and flaky. The scabs may start lifting from the skin. Leave them alone because picking will cause scarring, unevenness, and blank spots.








DAYS 5-10: Once the scabs have fully lifted from the skin, the color should look around 50% lighter and less intense.

DAYS 11-14: You might think the healing process is over, but you're not there yet. Your skin is still regenerating and the pigments are gradually settling down.

DAYS 15-40: Your color is slowly darkening and becoming more intense. The definition is sharper and more pronounced. At the end of this stage, you should be able to see the true color.

DAY 41: It's time for a touch-up. After the appointment, the color will be more intense, the definition will be crispier, and the healing process will be much quicker.

HEALING PROCESS

Day 1		Looks too dark, red, irritated & swollen
Day 2		Area feels dry and tender
Days 3 - 4		Scabbing, then flaking
Days 5 - 10		Flaking ends, pigments look too light
Days 11 - 14		No need for aftercare anymore
Days 15 - 40		Color slowly darkens
Day 41		Touch up time!

