

Lip Cosmetics

Here's what you can expect before and after the lip blush procedure.

How to Prepare for Lip Blushing

Days before receiving the lip blush tattoo treatment you'll want to stay hydrated, one of the most important things you can do to get ready to blush your lips is to drink a lot of water. Maintaining a healthy moisture level in the skin will make your lips appear fuller.

Exfoliate your lips and keep lips moisturized, exfoliating before is important, it does more than only assist you in getting rid of dead skin, it also reduces oil production and speeds up circulation. First, wet your lips and give them a massage by using a lip scrub, wait 30 seconds, then wash it off. Then, apply a thick mask made of coconut oil Shea butter, or Aquaphor to your lips to restore moisture.

Things to Avoid After a Lip Procedure

Hydration: It's important to stay hydrated after undergoing lip blushing. While you can consume alcohol or caffeine, it's advised to limit intake as they can contribute to dehydration. Drinking plenty of water throughout the healing process is crucial for optimal results.

Kissing: Avoid any activities that involve friction on the lips for at least a week following the procedure. This includes kissing, as it can disrupt the healing process and potentially introduce bacteria to the lips, leading to infection. Wait until any scabs have completely fallen off before resuming kissing.

Filler: If considering any injectable treatments, such as lip filler, it's recommended to wait until at least four weeks after completing the second session of your lip blushing treatment. Lip filler and lip blush can complement each other well, with filler providing volume and lip blush enhancing definition, color, and a natural appearance.

Following these guidelines can help ensure proper healing and the best possible outcome from your lip procedure.

Within 21 days, The lips Go Through 3 Phases:

- 1st Phase "Looks too dark": About 3 days with Chapping (Day 1-3)
- 2nd Phase "Looks Too Light": Frosty and Loss of Color (Days 4-13)
 - 3rd Phase "Looks Just Right": Blooming (Days 14-21)

Day 1: Swelling, tender, heavy thick lipstick with a reddish brick color

Day 2: Slight swelling, reddish and tender with a slightly metallic flavor

Day 3: Less swelling, thicker texture, sore, hot feeling with an orange color effect

Day 4: Exfoliation/Peeling begins causing very chapped lips

Day 5: Very chapped lips but almost finished with the chapping stage

Day 6: A soft, rich color begins to appear

Day 7-13: Lip color disappears and the "frosty" stage begins as a white-ish, lighter haze on the lips

Day 14: Color slowly and gradually develops from within each day until day 21 or about 3 weeks post-procedure

Day 21: Healing is nearing completion. The true color is revealed as you see it.